

EXAMINING OUR LIVES

We gather today in the season of Lent to think about our lives and to realize that we need forgiveness. Let us pray.

Loving God, You are always with us even when we turn away from you by sinning through our words and actions. We thank you for bringing us together to face our sins, to be sorry for our sins, and to be forgiven for our sins. We ask the Holy Spirit to awaken our hearts and minds. We need courage to make change in our lives. Bless us with Your Peace through Your Son, Jesus, who died and rose to bring us back to You.

Examination of Conscience

Jesus, for the times we have called others names and said unkind words to them and about them. Resp: Have mercy Lord

Jesus, for the times we have not asked your forgiveness when we have hurt others. Resp: Have mercy Lord

Jesus, for the times we have not shown respect for ourselves or others. Resp: Have mercy Lord

Jesus, for the times we were selfish and didn't think of others. Resp: Have mercy Lord

Jesus, for the times we put our things before others. Resp: Have mercy Lord

Jesus, for the times we forget to pray.....to speak to You. Resp: Have mercy Lord

Let us pray.....Lord, may we go forth from this prayer with a desire to do good. We thank you for Your mercy and forgiveness. As we continue our Lenten journey, may we be ever mindful of those things that separate ourselves from one another and You. We ask this in Jesus' name. Amen